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AMENDMENTS TO THE CLAIMS

This listing of the claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

Claim 1. (Currently Amended): An oil or fat composition containing a LCPUFA or LCPUFA supply compound as a first component, and phospholipids as a second component, the LCPUFA supply compound containing long-chain polyunsaturated fatty acids (LCPUFA) in its structure and being hydrolyzable to remove its LCPUFA, wherein the LCPUFA or LCPUFA supply compound is at least one kind selected from the group consisting of free fatty acid, fatty acid alcohol ester, triglyceride, diglyceride, monoglyceride, glycoglycerolipid, sphingolipid, sugar ester, and carotenoid ester, wherein the LCPUFA is at least one selected from the group consisting of: arachidonic acid, eicosadienoic acid, eicosatrienoic acid, eicosatetraenoic acid, eicosatetraenoic acid, docosapentaenoic acid, docosadienoic acid, docosatrienoic acid, tetracosatetraenoic acid, tetracosate

Claims 2-3. (Canceled).

Claim 4. (Previously Presented): The oil or fat composition as set forth in claim 1, wherein the phospholipids are at least one kind of glycerophospholipids selected from the group consisting of phosphatidylcholine, phosphatidylserine, phosphatidylethanolamine, and phosphatidylinositol.

Claim 5. (Previously Presented): The oil or fat composition as set forth in claim 1, wherein at least phosphatidylserine is used as the phospholipids, and a phosphatidylserine

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content is not less than 5 percent by weight with respect to a total amount of the second component.

Claims 6-7. (Canceled).

Claim 8. (Previously Presented): The oil or fat composition as set forth in claim 1, wherein the phospholipids are derived from non-animals.

Claim 9. (Original): The oil or fat composition as set forth in claim 8, wherein the non-animals are plants.

Claim 10. (Original): The oil or fat composition as set forth in claim 9, wherein the plant-derived phospholipids are soy bean lecithin and/or soy bean phosphatidylserine.

Claim 11. (Previously Presented): The oil or fat composition as set forth in claim 1, wherein the phospholipids are derived from animals.

Claim 12. (Original): The oil or fat composition as set forth in claim 11, wherein the animal-derived phospholipids are derived from animal sources other than egg yolk.

Claim 13. (Previously Presented): The oil or fat composition as set forth in claim 11, wherein the animal-derived phospholipids are derived from organs of vertebrates, or fish egg.

Claims 14-15. (Canceled).

Claim 16. (Currently Amended): The oil or fat composition as set forth in claim [[15]] 1, wherein at least one of carbon-carbon double bonds contained in a LCPUFA molecule is conjugated.

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Claim 17. (Currently Amended): The oil or fat composition as set forth in claim [[15]] 1, wherein the LCPUFA supplied by the LCPUFA supply compound contains arachidonic acid and/or docosahexaenoic acid.

Claim 18. (Currently Amended): The oil or fat composition as set forth in claim [[14]] 1, wherein a proportion of arachidonic acid in all suppliable fatty acids to be supplied from a total amount of the first component is not less than 1 percent by weight.

Claims 19-20. (Canceled).

Claim 21 (Previously Presented): The oil or fat composition as set forth in claim 1, which is used as a nutriment.

Claim 22 (Previously Presented): The oil or fat composition as set forth in claim 1, which is an oil-in-water dispersion liquid containing at least the first component in the form of a liposome formed by the second component phospholipids.

Claim 23 (Previously Presented): The oil or fat composition as set forth in claim 1, which is processed into a capsule or tablet.

Claims 24-25. (Canceled).

Claim 26. (New): An oil or fat composition containing a LCPUFA or LCPUFA supply compound as a first component, and phospholipids as a second component, the LCPUFA supply compound containing long-chain polyunsaturated fatty acids (LCPUFA) in its structure and being hydrolyzable to remove its LCPUFA, wherein the LCPUFA or LCPUFA supply compound is at least one kind selected from the group consisting of free fatty acid, fatty acid alcohol ester, triglyceride, diglyceride, monoglyceride, glycoglycerolipid, sphingolipid, sugar ester, and carotenoid ester, and wherein respective proportions of the first component and the second component are determined in such a manner that a total weight ratio of LCPUFA to be

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supplied from the LCPUFA or LCPUFA supply compound to the second component phospholipids is not less than 2.

Claim 27. (New): The oil or fat composition as set forth in claim 26, wherein the LCPUFA supply compound supplies at least one kind of LCPUFA selected from the group consisting of: arachidonic acid, eicosadienoic acid, eicosatrienoic acid, eicosatetraenoic acid, eicosatetraenoic acid, docosatetraenoic acid, docosatetraenoic acid, docosatetraenoic acid, tetracosatetraenoic acid, t

Claim 28. (New): The oil or fat composition as set forth in claim 27, wherein the LCPUFA supplied by the LCPUFA supply compound contains arachidonic acid and/or docosahexaenoic acid.

Claim 29. (New): The oil or fat composition as set forth in claim 26, wherein a proportion of docosahexaenoic acid in all fatty acids to be supplied from a total amount of the first component is not less than 11 percent by weight.

Claim 30. (New): The oil or fat composition as set forth in claim 26, wherein weight proportions of arachidonic acid and docosahexaenoic acid in all fatty acids to be supplied from a total amount of the first component are substantially equal to each other.